

Level U Week 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00-8:45 Check in LOBBY OF MCD	8:00-8:45 Conditioning Last Names A-F STUDIO 20	8:00-8:45 Seminar All Levels Injury Prevention MCD THEATRE	8:00-8:45 Conditioning Last Names A-F STUDIO 20	8:00-8:45 Conditioning Last Names A-F STUDIO 20	
9:00-11:00 Placement Class STUDIO 40 & 60	9:00-11:00 Ballet Technique STUDIO 20	9:00-11:00 Ballet Technique STUDIO 20	9:00-11:00 Ballet Technique STUDIO 20	9:00-11:00 Ballet Technique STUDIO 20	9:00-11:00 MASTER CLASS Levels U&T STUDIO 40
11:10-12:10 Everyone Lunch	11:10-12:10 Levels U &A Lunch	11:10-12:10 Levels U &A Lunch	11:10-12:10 Levels U &A Lunch	11:10-12:10 Levels U &A Lunch	11:15-12:30 Yoga Levels 1& 2 STUDIO 60
12:10- 1:10 Men's Technique STUDIO 20	12:10- 1:10 Men's Technique STUDIO 20	12:10- 1:10 Men's Technique STUDIO 20	12:10- 1:10 Men's Technique STUDIO 20	12:10- 1:10 Men's Technique STUDIO 20	
12:10- 1:10 Pointe Technique STUDIO 20	12:10- 1:10 Pointe Technique STUDIO 20	12:10- 1:10 Pointe Technique STUDIO 20	12:10- 1:10 Pointe Technique STUDIO 20	12:10- 1:10 Pointe Technique STUDIO 20	
1:20-2:30 Character STUDIO 20	1:20-2:30 Modern Technique STUDIO 20	1:20-2:30 Character STUDIO 20	1:20-2:30 Modern Technique STUDIO 20	1:20-2:30 Character STUDIO 20	
2:40-4:30 Choreography New Work Levels 1 & 2 STUDIO 40	2:40-4:30 Choreography New Work Levels 1 & 2 STUDIO 40	2:40-4:30 Choreography New Work Levels 1 & 2 STUDIO 40	2:40-4:30 Choreography New Work Levels 1 & 2 STUDIO 40	2:40-4:30 Choreography New Work Levels 1 & 2 STUDIO 40	

* Class Schedule and content subject to change