

Guidelines for 2021 Summer Intensive

Welcome to the 2021 University of Utah Ballet Summer Intensive. We are very happy that you have chosen to join us for the next four weeks. Below are the guidelines you will need to follow during your time with us. Please read through carefully. These are intended to ensure your safety and to allow you to get the most out of this program. THESE ARE SUBJECT TO CHANGE ESPECIALLY WHERE COVID-19 GUIDELINES ARE CONCERNED.

Dress

Please wear attire over your dance clothes when you are not in the Marriott Center for Dance. Remember that during the four weeks you are here you represent ballet at the University of Utah both on and off campus.

Dress Code for Classes

Dancewear selections must present a clean and professional appearance allowing the instructor to clearly see the dancer's body. This includes refraining from wearing dance attire with large graphics and logos. Loose or baggy warm-up pants, cut-off tights, and plastic sweat pants are not permitted in the program. Hair must be securely fastened off face and neck in order not to interfere with the execution of turns and jumps. Students must also refrain from wearing heavy or sharp hair ornaments and jewelry.

Ballet Studio Classes – Technique and Pointe

Daily Class Dress code

- Any solid single-color leotards and pink or skin-toned tights worn under the leotard. Tights need to be worn inside ballet shoes.
- Any solid single-color form fitting t-shirt, leotard or the like, tucked in (no large graphics), gray tights, white socks, and white shoes.
- Leg warmers may be worn in cases of injury and must be knit, tight fitting and not visually distracting
- NO PLASTIC SHORTS IN CLASS.

Formal Class Dress Code for Saturday Master Classes

- Black leotards any style or form fitting t-shirts tucked in or other form fitting leotard or the like, and the same tights and shoes required above.
- Leg warmers may be worn in cases of injury and must be knit, tight fitting and not visually distracting

Character Dance classes

- Regulation character skirt.
- Character shoes, jazz shoes or boots,
- Form fitting leg warmers/sweats may be worn over tights.

Partnering classes (may not happen due to Covid-19 restrictions)

- *Same as ballet studio classes.*

Jazz Classes/Hip-hop

- *All:* Any type of low heeled-jazz shoe with a choice of color and style of leotards and tights.

Modern Classes

- *All:* Where clothing that allows freedom of movement.

Bring a bath towel for floor exercises.

African Dance (when offered)

- *All:* Where clothing that allows freedom of movement.

Rehearsals: At the discretion of the choreographer or Repetiteur.

Studio (These will be updated with the latest U of U, Utah Health Department and CDC based guidelines)

- **There will be no refunds issued after the program has begun.**
- Street shoes are not permitted in the studio.
- **Clean the barres upon entering the studio. Supplies will be provided.**
- Please be mindful of the Marley surfaces and don't drag anything across the floor such as a ballet barre

- There is **no** rosin allowed in the studios.
- Refrain from spraying hairspray, using body moisturizers or oils in the studios, it makes the floors slick.
- You may only bring into the studio what will fit in the cubbies in each studio. Everything else must be locked away in your dressing room locker. (Bring your own lock.)
- No cell phones in the studios during class time unless you have prior consent from teacher because of special circumstances. (You may turn them **OFF** (not just to vibrate only) and put them in the cubbies.)
- Please consider standing up when the instructor enters the room. This shows that you are prepared and ready to start class and historically is a sign of respect.

Dorms

- **There will be no refunds issued after the program has begun.**
- There is absolutely no alcohol or drugs permitted in the dorms or on campus. Any student found breaking this rule will be dismissed from the program without a refund. We have a ONE STRIKE and you're out policy.
- Misuse of the internet or cyber-bullying is prohibited. Any student found breaking this rule will be dismissed from the program without a refund. We have a ONE STRIKE and you're out policy
- You will be living in close quarters with many people for four weeks. You are expected to be respectful of others backgrounds including but not limited to race, religion, sexual orientation, and food choices.
- A curfew for all students living in the dorms, curfew will be **10pm Sunday through Friday nights and 12am on Saturday nights**. You will need to be inside the dorms by these times. Your Resident Assistants will be letting you know when they will be conducting bed checks.

Safety (The most recent Covid-19 guidelines will be added here)

- Drink lots of water! This is for your health and safety as it is easy to become dehydrated in Utah's Summer climate. A water bottle filling station is available on the main floor of the MCD and water fountains are available on each floor.
- There are panic buttons in each of the studios and dressing rooms. Please take a moment to locate them so you know where they are in the event of an emergency. Pressing one of these buttons will alert the campus police who will come to the Marriott Center for Dance immediately. Any

intentional false alarm by a student may be grounds for dismissal from the program and a charge of \$100.00 to cover the fee we will be charged by the University.

- While on campus, or during a UBSI outing/activity, it is required that ALL STUDENTS travel in groups of at least three.
- If you are 17 or younger, you may not leave campus unless accompanied by an RA, University Staff member, or those who your parents designated on your registration.

If you are living in the dorms and leaving Campus, you are required to sign out with the RA on call. You will need to let them know where you are going, when you plan to be back and the names of everyone in the group. While walking around campus and town, please use designated cross walks.

- Pick up time for local and off-campus students is TBD. If you are not staying on campus, your pick-up time from the MCD will be 15 minutes after the last class of the day in front of the MCD's main doors. Please note that a fee will be assessed to a student's parent if the student is picked up after these times. We cannot leave minors unsupervised in the building or on campus. This fee will go to compensate a University Staff member for staying late (i.e. one minute to one hour after pick-up time is a \$25 fine. One hour and one minute to two hours after pick up time is a \$50 fine.)
- You are allowed to use the Pilates room on breaks only after you have spoken with Maggie Tesch and she is satisfied that you have proper experience to operate the equipment safely.

Saturday Classes

- Please enter through the North door of the MCD on Saturday mornings.
- Pick up time for Saturday will be 1:30 pm. The same late fees will apply as during the weekdays.
- For those who order lunch, they will be available at the MCD after your final class.

End of Week Showings (TBD)

- If you will not be able to be in the showing on Fridays, please let the teacher, choreographer or repetiteur know the first day of classes.

You will still participate fully in the classes but they will put you in a position where you can be taken out during the performance with minimal changes.

- Showings will be filmed and shared on a week ending Zoom call. This will be a great way for your family to see how you spend your week.
- A video will be available to order of all the showings for you to remember your experience. The cost is **\$35** and needs to be paid online.

Locker Rooms/Personal Property

- Please keep your personal property locked in a locker, or with you in the studio when here at the MCD. (Anything brought into the studio MUST fit into a cubbie and not disrupt instruction.) You will need to provide your own lock. If you forget a lock, they are available at the Campus Bookstore just north of our building.
- We are not responsible for lost or stolen items. If you notice anything or anyone suspicious please report it immediately.

University Academic Credit

- For those students who are incoming students to the University of Utah, or are working with another university to receive academic credit for UBSI, please introduce yourself to Maggie Tesch and other University of Utah faculty so that they know who you are for grading purposes.
- You may register for academic credit through the University's Continuing Education Department. A flyer with directions on how to register and the classes offered will be sent to you via email. Please pay attention to registration deadlines as they will not be extended. Questions about registration can be directed to Sean Carter in MCD 106 or via email at sean.carter@utah.edu.

Culture

- Help to create a **culture of respect and inclusion** inside and outside the studio.
Respect for each other, Respect for yourself and Respect for our art form.

- **Be Open!** Be open to correction. This will give you the best chance to grow as a technician, artist and as a person. Be willing to try things in a different way than you are used to. Be willing to embrace the thoughts and differences presented.
- **It's about the process not just the results.**
- **Have fun and look for ways to encourage others over the next four weeks!**

For more information see our website <http://dance.utah.edu/summer-intensive>.

Resident Assistants

All students participating in the UBSI will be assigned an RA to report to during the intensive. Below are their email addresses. Their phone numbers will be given out at orientation.

Maggie Wright-Tesch - Director of UBSI

Maggie.tesch@utah.edu

Laura Kay Young – Head RA, Assistant Director

Ashley Chin-Mark-RA

RA - TBD

Will Maguire - Administrative Officer School of Dance / Work: [801-585-5527](tel:801-585-5527)/William.maguire@utah.edu

Sean Carter – Administrative Assistant / Work: [801-581-7327](tel:801-581-7327)/sean.carter@utah.edu .[801-581-7327](tel:801-581-7327)/sean.carter@utah.edu .

Please contact your assigned RA first if possible.