

Guidelines for 2022 Utah Ballet Summer Intensive

Welcome to the 2022 University of Utah Ballet Summer Intensive. We are very happy that you have chosen to join us this summer. Below are the guidelines you will need to follow during your time with us. Please read through carefully. These are intended to ensure your safety and to allow you to get the most out of this program. There is a lot of information below, so please read this document in its entirety. Please note that all guidelines are subject to change at the discretion of the School of Dance.

General Information

All information is updated online as soon as it is approved, so check <https://dance.utah.edu/ubsi> often. Currently, you can find information about obtaining academic credit, scholarship recipient expectations, and a sample schedule and dorm information. Activities and estimated meal costs will be posted soon. Remember all extra activities are open to all dancers attending UBSI—even if not staying in the dorms.

Our Instagram handle will be changing to @uofuubsi soon. We will post pictures throughout the intensive and encourage all students to follow us there.

Dress

Please wear attire over your dance clothes when you are not in the Marriott Center for Dance (MCD). Remember that during the four weeks you are here, you represent dance at the University of Utah both on and off campus.

Dress Code for Classes

Dancewear selections must present a clean and professional appearance allowing the instructor to clearly see the dancer's body. This includes refraining from wearing dance attire with large graphics and logos. Loose or baggy warm-up pants, cut-off tights, and plastic sweat pants are not permitted in the program. Hair must be securely fastened off face and neck in order not to interfere with the execution of turns and jumps. Students must also refrain from wearing heavy or sharp hair ornaments and jewelry.

Ballet Studio Classes (Technique, Pointe, and Partnering)

- Any solid single-color leotards and pink or skin-toned tights worn under the leotard. Tights need to be worn inside ballet shoes.

- Any solid single-color form fitting t-shirt, leotard or the like, tucked in (no large graphics), gray or black tights, matching shoes.
- Leg warmers may be worn in cases of injury and must be knit, tight fitting and not visually distracting.
- NO PLASTIC SHORTS IN CLASS.
- Formal Class Dress Code for Saturday Master Classes: Black leotards any style or form fitting t-shirts tucked in or other form fitting leotard or the like, and the same tights and shoes required above. (This attire may be required for the showings as well)

Character Dance Classes

- Regulation character skirt.
- Character shoes, jazz shoes, or boots.
- Form fitting leg warmers/sweats may be worn over tights.

Broadway / Hip-Hop Classes

- Any type of low heeled-jazz shoe, character shoe or sneaker for hip-hop with a choice of color and style of leotards and tights.

Contemporary Classes

- Wear clothing that allows freedom of movement. Bring a mat for floor exercises.

African Dance (when offered)

- Wear clothing that allows freedom of movement.

Conditioning / Somatics

- Wear clothing that allows freedom of movement.

Choreography / Rehearsals

- At the discretion of the choreographer or repetiteur.

Policies

- There will be no refunds issued after the program has begun.
- Street shoes are not permitted in the studios.
- Clean the barres upon entering the studio. Supplies will be provided.
- Please be mindful of the Marley surfaces and don't drag anything across the floor such as a ballet barres.
- There is no rosin allowed in the studios.
- Refrain from spraying hairspray, using body moisturizers or oils in the studios; it makes the floors slick.

- You may only bring into the studio what will fit in the cubbies in each studio. Everything else must be locked away in your dressing room locker. (Bring your own lock)
- No cell phones in the studios during class time unless you have prior consent from the teacher because of special circumstances. (You may turn them OFF (not just to vibrate only) and put them in the cubbies)
- Please consider standing up when the instructor enters the room. This shows that you are prepared and ready to start class and is a sign of respect.

On-Campus Housing / Dorms

- We will be staying at the Lassonde Studios located mid-campus: <https://lassonde.utah.edu/>.
- Dancers will be able to walk to the MCD each day for classes or ride the Campus Shuttle.
- There will be no refunds issued after the program has begun.
- There is absolutely no alcohol nor drugs permitted in the dorms nor anywhere on campus. Any student found breaking this rule will immediately be dismissed from the program without a refund. We have ONE STRIKE and you're out policy.
- Misuse of the internet or cyber-bullying is prohibited. Any student found breaking this rule will be dismissed from the program without a refund. We have ONE STRIKE and you're out policy.
- You will be living in close quarters with many people for four weeks. You are expected to be respectful of others' backgrounds including but not limited to race, religion, sexual orientation, and food choices.
- A curfew is set for all students living in the dorms: curfew will be 10:00pm Sunday through Friday nights and 12:00am on Saturday nights. You will need to be inside the dorms by these times. Your Resident Assistants will be letting you know when they will be conducting bed checks.
- Detailed housing information will be sent out closer to the start of the intensive to dancers staying on-campus. This information will be provided by our Resident Assistants (RAs).
- Transportation to the dorms from the airport is on your own. For those of you requesting to travel with others to the university from the airport, our RAs will be reaching out to coordinate flight arrivals and organize small groups to share an UBER/LYFT. This is the cheapest direct route to the University—it is very safe and will take dancers through downtown so they can see the city.

Check-In: Sunday 06/19/2022

2:00pm - 4:00pm Check-In

5:00pm - 7:00pm Unpacking / Dinner

7:00pm - 8:30pm Tour the MCD

Check-Out: can occur Friday 06/15/2022 after classes or Saturday 06/16/2022 by 10:00am

Dining Options / Food

Dancers will be responsible for their own food purchases while at the intensive. We recommend dancers come with a pre-loaded credit or debit card. During lunch breaks, students will have multiple food options on or near campus (Subway, Panda Express, food court, etc). For dancers staying in the dorms, we will do weekly grocery store runs so dancers can prepare their own meals if desired. The Lassonde Studios also has a food court. The average cost of on-campus meals will be shared as soon as they are determined by Dining Services: <https://www.housing.utah.edu/dining/locations/>.

Safety

- The School of Dance is required to follow all COVID-19 Guidelines as prescribed by the University of Utah: <https://coronavirus.utah.edu/>. These guidelines may change between the time a dancer registers for UBSI and the start of UBSI. All dancers must follow the guidelines as they are updated through the intensive.
- Drink lots of water! This is for your health and safety as it is easy to become dehydrated in Utah's summer climate. A water bottle filling station is available on the main floor of the MCD and water fountains are available on each floor.
- There are panic buttons in each of the studios and dressing rooms. Please take a moment to locate them so you know where they are in the event of an emergency. Pressing one of these buttons will alert the campus police who will come to the MCD immediately. Any intentional false alarm by a student may be grounds for dismissal from the program and a charge of \$100.00 to cover the fee we will be charged by the University.
- While on campus, or during a UBSI outing/activity, it is required that ALL STUDENTS travel in groups of at least three.
- If you are 17 or younger, you may not leave campus unless accompanied by an RA, University Staff member, or those who your parents designated on your registration.
- If you are living in the dorms and leaving campus, you are required to sign out with the RA on call. You will need to let them know where you are going, when you plan to be back and the names of everyone in the group. While walking around campus and town, please use designated crosswalks.
- Pick up time for local and off-campus students is TBD. If you are not staying on campus, your pick-up time from the MCD will be 15 minutes after the last class of the day in front of the MCD's main doors. Please note that a fee will be assessed to a student's parent if the student is picked up after these times. We cannot leave minors unsupervised in the building or on campus. This fee will go to compensate a University Staff member for staying late (ie., one minute to one hour after pick-up time is a \$25 fine; one hour and one minute to two hours after pick up time is a \$50 fine)
- You are allowed to use the Pilates room on breaks only after you have spoken with Professor Maggie Tesch and she is satisfied that you have proper experience to operate the equipment safely.

Saturday Master Classes

- Please enter through the North door of the MCD on Saturday mornings.
- Pick up time for Saturday will vary each week according to the finalized schedule. The same late fees will apply as during the weekdays (see above).

End of Week Showings

- There will be two showings during the intensive: one at the end of WEEK 2 and one at the end of WEEK 4 at 7:30pm in the MCD theatre.
- If you will not be able to be in the showing on these two Fridays, please let the teacher, choreographer, or repetiteur know the first day of classes. You will still participate fully in the classes but they will put you in position where you can be taken out during the performance with minimal changes.
- Showings will be filmed and shared on a video with all students.
- Parents are welcome to attend either or both showings.

Locker Rooms / Personal Property

- Please keep your personal property locked in a locker, or with you in the studio when at the MCD. Anything brought into the studio MUST fit into a cubby and not disrupt instruction. You will need to provide your own lock for the locker rooms. If you forget a lock, they are available at the Campus Bookstore just north of our building.
- We are not responsible for lost or stolen items. If you notice anything or anyone suspicious, please report it immediately.

University Academic Credit

- For those students who are incoming students to the University of Utah, or are working with another university to receive academic credit for UBSI, please introduce yourself to Professor Maggie Tesch and other University of Utah faculty so that they know who you are for grading purposes.
- You may register for academic credit through the University's Continuing Education Department. A flyer with directions on how to register and the classes offered will be sent to you via email. Please pay attention to registration deadlines as they will not be extended. Questions about registration can be directed to Sean Carter at sean.carter@utah.edu.

Culture

- Help to create a culture of respect and inclusion inside and outside the studio.
- Respect for each other, respect for yourself, and respect for our art form.
- Be Open! Be open to correction. This will give you the best chance to grow as a technician, artist and as a person. Be willing to try things in a different way than you are used to. Be willing to embrace the thoughts and differences presented.
- It's about the process, not the results.
- Have fun and look for ways to encourage others over the next four weeks!

Contacts

Below is the contact information for each person helping to organize UBSI. All students participating in UBSI will be assigned a Resident Assistant (RA) to report to during the intensive. Below are their email addresses. Their phone numbers will be given out at Orientation. Please contact your assigned RA first if possible.

For more information see our website at <https://dance.utah.edu/ubsj>.

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UBSI Assistant Directors

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Resident Assistants